Craven Pupil Referral Service

Asthma Policy
2026 – 2027

Approved by:	**Date: July 2026** **Print: R Lonsdale**
Last reviewed on: **July 2026**	
Next review due by: Sept 2027	
Ratified by Governors:	**Date:** 6.07.2026 **Print:** C. Senior

ASTHMA POLICY

Craven PRs recognises that asthma is a widespread, serious but controllable condition affecting many pupils at the school. The school positively welcomes all pupils with asthma. Craven PRS encourages pupils with asthma to achieve their potential in all aspects of school life by having a clear policy that is understood by school staff, their employers (the local authority) and pupils. The school will not discriminate against pupils with asthma and will make reasonable adjustments in accordance with the Equality Act 2010.

Asthma Medicines

• Immediate access to reliever medicines is essential. Pupils with asthma are allowed to carry their reliever inhaler at all times.

• Where the condition is acute, parents/carers may provide a labelled spare reliever inhaler which is kept in the main office. All inhalers must be labelled with the child's name. All school staff will let pupils take their own medicines when they need to.

• The school holds an emergency inhaler and spacer, to be used in the event of pupils forgetting their medication. Written parental consent will be obtained for the use of the emergency inhaler and recorded on the school asthma register.

• In a medical emergency, where there is a risk to life, staff will act in the best interests of the pupil and may administer the emergency inhaler without prior consent. Parents/carers will be informed as soon as possible.

• The emergency inhalers are stored in the main office and maintained by the School Business manager. Use of emergency inhalers is recorded on the First Aid record. Equipment must be fully washed after use as recommended in statutory guidance.

Record Keeping

• At the beginning of each school year or when a child joins the school, parents/carers are asked if their child has any medical conditions including asthma on their induction form.

• The Parent/Carer will supply details of their child's medical condition and any medication required at school. The parent/carer should seek guidance from their GP if necessary. Parents/carers are also asked to update school if their child's medicines, or how much they take, changes during the year.

• This information is entered into the school system, and made available to all school staff.

• Pupils with severe asthma should have an Individual Healthcare Plan (IHCP) including triggers, symptoms, medication details and emergency action plan.

MOVE / Sport and Exercise

• Taking part in MOVE and sport/exercise is an essential part of school life for all pupils. All staff know which children in the school have asthma and all leads at the school are aware of which pupils have asthma.

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Asthma Medicines

• Immediate access to reliever medicines is essential. Pupils with asthma must ensure their inhaler is placed in their personal pouch each day.

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MOVE / Sport and Exercise

• Taking part in MOVE and sport/exercise is an essential part of school life for all pupils. All staff know which children in the school have asthma and all leads at the school are aware of which pupils have asthma.

• Pupils with asthma are encouraged to participate fully in all sport and exercise sessions. Leads will allow pupils whose asthma is triggered by exercise to take their reliever inhaler before the session, and to thoroughly warm up and down before and after the lesson. If a pupil needs to use their inhaler during a session they will be encouraged to do so.

• All staff follow the same principles as described above for any games and activities involving physical activity.

School Environment

• The school does all that it can to ensure the school environment is favourable to pupils with asthma. The school does not keep furry or feathery animals and smoking is not permitted anywhere on site. Risk Assessments are in place for school activities and reasonable control measures are taken.

• Pupils will be attended to by a First Aider if class activities trigger their asthma.

Asthma Awareness

• Information is displayed in the Staff Room to ensure that all staff know what to do in the event of an asthma attack.

Roles and Responsibilities

Employers

Employers have a responsibility to:

• Ensure the Health and Safety of their employees and anyone else on the premises or taking part in school activities (on or off site).

• Employers therefore have a responsibility to ensure that an appropriate asthma policy is in place and effectively monitored and updated.

• Provide indemnity for teachers who volunteer to administer medicine to pupils with asthma who need help. The named governor with responsibility is the Health & Safety Link Governor.

Head Teacher

The Head Teacher will:

• Ensure the asthma policy is in line with national guidance and is adhered to.

• Liaise between interested parties - school staff, first aiders, parents/carers, governors, the health service and pupils as necessary.

• Ensure the associated training and development needs of staff are met.

• Delegate a staff member to check the expiry date of spare reliever inhalers and maintain the school medical information. At Craven PRS this will be the school business manager.

School Business Manager

The School Business Manager will:

• Manage the asthma policy in line with other H&S policies

• Maintain the supply of emergency inhalers and check them half-termly

• Check individually owned inhalers are labelled and stored appropriately, and check expiry dates half termly.

• Ensure First Aiders receive appropriate training to include asthma awareness

• Liaise with parents about their child's medical condition if appropriate

• Maintain and display the asthma register in the staff room along with advice on what to do in case of an asthma attack. Review the asthma register annually.

• Review first aid incidents including asthma attacks

. • Ensure cleaning chemicals are of minimal toxicity in line with our COSHH risk assessment

First Aiders

First Aiders will:

• Provide medical assistance to pupils suffering asthma symptoms

• Administer emergency inhalers where necessary

• Inform school business manager of asthma events they attended, and record appropriately

School Staff

All school staff have a responsibility to:

• Understand the school asthma policy.

• Know how to find out which pupils they encounter have asthma.

• Know what to do in an asthma attack.

• Allow pupils with asthma immediate access to their reliever inhaler.

• Alert First Aiders if a pupil has an asthma attack.

• Alert DSL if a pupil is using more reliever inhaler than they normally would (DSL liaise with parents).

• Alert DSL if they suspect asthma-related neglect (ie no inhaler provided).

• Be aware that a pupil may be tired because of nighttime symptoms.

• Support pupils experiencing bullying or anxiety related to asthma.

• Ensure pupils who have been unwell catch up on missed school work

Visit Leaders

• Visit Leaders must ensure pupils have their asthma medicines with them when they go on a school trip or out of the classroom.

• Visit Leaders must risk assess pupils' medical conditions and ensure appropriate control measures are in place.

MOVE. Sport & Exercise

MOVE / Sport & Exercise teacher have a responsibility to:

• Understand asthma and the impact it can have on pupils. Pupils with asthma should not be forced to take part in activity if they feel unwell. They should also not be excluded from activities that they wish to take part in if their asthma is well controlled.

• Ensure pupils have access to their reliever inhaler during activity or exercise and are allowed to take it when needed.

• If a pupil has asthma symptoms while exercising, allow them to stop, take their reliever inhaler and as soon as they feel better allow them to return to activity. (Most pupils with asthma should wait at least 5 minutes).

• Remind pupils with asthma whose symptoms are triggered by exercise to use their reliever inhaler immediately before warming up.

• Ensure pupils with asthma always warm up and down thoroughly.

Pupils

Pupils have a responsibility to:

• Treat other pupils, with or without asthma, equally.

• Tell their parents/carers, or member of school staff when they are not feeling well.

• Treat asthma medicines with respect.

• Know how to gain access to their medicine in an emergency

Parents/carers

Parents/Carers have a responsibility to:

• Tell the school if their child has asthma and ensure a correctly prescribed and up to date inhaler is issued to the school.

• Ensure the school has complete and up to date medical information for their child.

• Inform the school about the medicines their child requires during school hours.

• Inform the school of any medicines the child requires while taking part in visits, and other out of school activities such as walks around the area.

• Tell the school about any changes to their child's medicines, what they take and how much.

• Inform the school of any changes to their child's asthma (for example, if their symptoms are getting worse or they are sleeping badly due to their asthma).

• Keep their child at home if they are not well enough to attend school.

• Ensure their child catches up on any school work they have missed.

• Ensure their child has regular asthma reviews with their doctor or asthma nurse (every 6 - 12 months).